

FROM THE SCHOOL RING TO THE WORLD STAGE

ROAD TO THE OLYMPICS

How a young Indian boxer becomes a top-class fighter: every level, what it unlocks, how Olympic places are won, the professional route, and the careers boxing opens. Written for Moksha, Utkarsh and every boxing family.

- The ladder
- Three roads
- Olympic qualification
- Pro boxing
- Careers
- Our plan
- ↓ Download poster

● Done ● Utkarsh ● Moksha

STEP BY STEP

THE LADDER

Eight levels from first gloves to the Olympics.

1

CLUB & COACH

AGE 8–14 · FOUNDATION

DO

- Join a registered club with a qualified coach
- Footwork, guard, straight punches, defence
- Fitness, skipping, light technical sparring

PAPERWORK

- Medical fitness certificate
- Boxer registration with the state association / BFI
- Keep every certificate and result in one file

GOAL

- Learn to box, not just fight
- First club and inter-club bouts

2

DISTRICT

SCHOOL AND OPEN LEVELS

EVENTS

- SGFI district School Games (U-14, U-17, U-19)
- Khel Mahakumbh taluka / district
- District boxing championship

UNLOCKS

- Selection for the state level
- District Level Sports School (DLSS) trials

TIP

- Fight often: experience matters more than medals here

3

STATE CHAMPION

GUJARAT

EVENTS

- SGFI State School Games
- Khel Mahakumbh State (age groups and Open)
- Gujarat State Boxing Championship: Sub-junior, Junior, Youth, Elite

UNLOCKS

- Selection for the National level
- Shaktidoot: Khel Mahakumbh State gold = 20 points
- Sports Authority of Gujarat academy trials

SUPPORT

- Shaktidoot (Gujarat)
- SAG and DLSS academies
- Local sponsors and the school

Utkarsh

SGFI U-17 State gold, Sept 2026

Moksha

Khel Mahakumbh State gold, Open +92 kg

4

NATIONAL MEDALLIST

THE BIG JUMP

EVENTS

- SGFI National School Games
- BFI Nationals: Sub-junior (U-15), Junior (U-17), Youth (U-19), Elite
- Khelo India Youth Games and University Games
- All India Inter-University, National Games

UNLOCKS

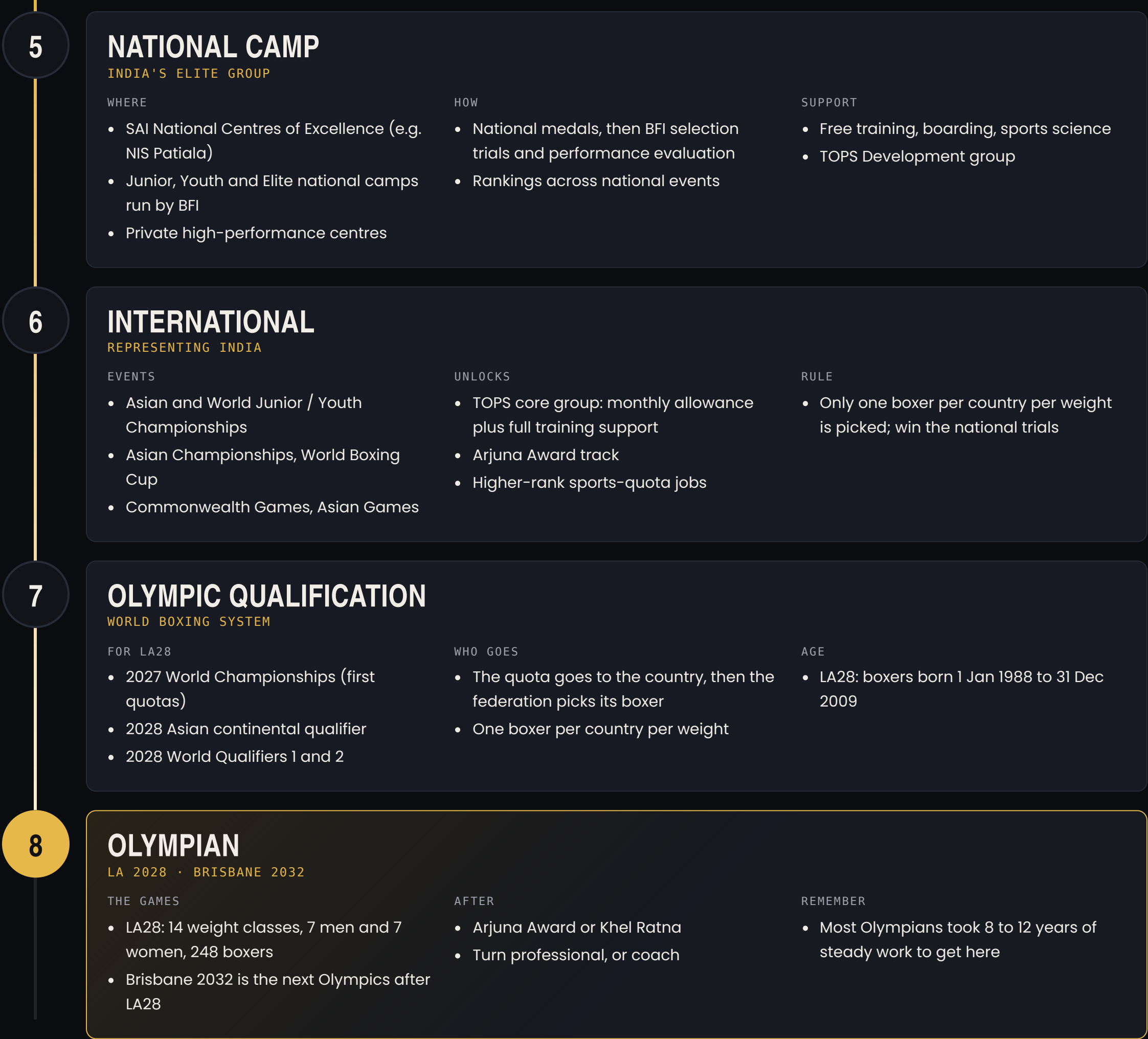
- National camp selection
- Shaktidoot points: SGFI National gold 60, silver 40, bronze 30
- Sports-quota jobs (Services, Railways, police, PSUs)

SUPPORT

- Khelo India Athlete scholarship
- Shaktidoot A/B categories
- Private programmes (JSW IIS, OGQ, Reliance Foundation)

Utkarsh

Next: SGFI Nationals, Imphal, Oct 2026



THE TREE

THREE ROADS



The smart order: win amateur medals first, because they bring the job, the scholarship and the ranking. Most top Indian pros turn pro **after** an Olympic cycle, usually between ages 22 and 28.

LA 2028 · RUN BY WORLD BOXING

OLYMPIC QUALIFICATION

14 weight classes, 7 for men and 7 for women. Equal places for both.

MEN	QUOTA PLACES	WOMEN	QUOTA PLACES
55 kg	18	51 kg	18
60 kg	18	54 kg	18
65 kg	20	57 kg	20
70 kg	20	60 kg	18
80 kg	16 · Utkarsh's range now	65 kg	18
90 kg	16 · if he grows into it	70 kg	16
+90 kg	16 · Moksha	75 kg	16

LA28 QUALIFYING EVENT	PLACES	WHAT IT MEANS FOR INDIA
World Championships 2027	44	The first chance. Usually only the top seeds qualify here.
Asian continental qualifier 2028	Part of 112	The main route for Indian boxers. Asia is one of the hardest continents.
World Qualifier 1, 2028	46	Second chance for those who missed out.
World Qualifier 2, 2028	28–36	The last chance.
Host and universality places	6 + 8	For the USA and small boxing nations. Not open to India.

Age rule for LA28: boxers born between 1 January 1988 and 31 December 2009.
Brisbane 2032 rules will be announced closer to the Games. Source: World Boxing
LA28 Qualification System.

PAID FIGHTS AND WORLD BELTS

PROFESSIONAL BOXING

How to turn pro in India, step by step.

1

Amateur base

Get 30–50+ amateur bouts first. Promoters look for national medals.

2

Medicals

Blood tests for HIV, Hepatitis B and Hepatitis C, plus a fitness check. Promoters may ask for scans.

3

Manager

You need a licensed manager. Read every contract before signing.

4

IBC licence

Apply online to the Indian Boxing Council, then pass a sparring assessment. About ₹1,000 a year.

5

Debut

4-round fights, no headguard, smaller gloves, 10-point scoring.

6

Climb

National title, then WBC / WBO Asia belts, world rankings and a title shot.

	AMATEUR (OLYMPIC)	PROFESSIONAL	WHERE THE BROTHERS WOULD FIT IN PRO BOXING	PRO LIMIT
Rounds	3 × 3 min	4 to 12 × 3 min	Utkarsh Super middleweight	76.2 kg (168 lb)
			Utkarsh Light heavyweight	79.4 kg (175 lb)

Headguard	Youth: yes. Elite men: no	No	Moksha Heavyweight over 90.7 kg (200 lb)
Gloves	10–12 oz depending on age and weight	8–10 oz	The four major world titles are WBC, WBA, IBF and WBO. In India, professional boxing is run by the Indian Boxing Council, which works with the WBC India committee.
Scoring	5 judges, 10-point system	3 judges, 10-point system	
Money	Scholarships, jobs, cash awards	A purse for each fight. Small at first, mostly self-funded	
Age	Elite 19–40	IBC licence 17–40	

Rules change. Check the current requirements with the Indian Boxing Council (indianboxingcouncil.com) before applying.

LIFE IN AND AFTER THE RING

CAREER OPTIONS

Boxing can lead to a secure job, not just medals.



ARMED FORCES

- Army, Navy and Air Force sports quota. Services is India's biggest boxing team
- Army Sports Institute and Mission Olympics Wing, Pune
- Army Boys Sports Companies take young talent



RAILWAYS & GOVT

- Railways sports quota (RRB / RRC)
- Central government sports quota: Income Tax, Customs, Post Office
- State government sports-quota posts



POLICE & CAPF

- State police sports quota
- CRPF, BSF, ITBP and CISF sports quota
- National medals are usually needed



PSUS & COMPANIES

- ONGC, IOCL and other PSU sports scholarships and jobs
- Corporate athlete programmes
- Brand ambassador work



COACH

- Diploma in Sports Coaching (boxing), SAI NSNIS Patiala
- BPES / MPES, then PE teacher (Moksha is doing BPES now)
- World Boxing and BFI coaching courses



REFEREE & JUDGE

- BFI referee and judge courses
- Work up from state to national to international (World Boxing) grade
- Stay in the sport for life



FITNESS & SCIENCE

- Strength & conditioning coach
- Sports physio, nutrition, sports science degree
- Personal trainer certificates



COMBAT SPORTS

- MMA (boxing is a strong base)
- Kickboxing, Muay Thai
- Fight-camp and pad-work coach



BUSINESS & MEDIA

- Own a boxing academy or gym
- YouTube and Instagram creator (like Chandel Brothers Boxing)
- Commentary, event management, promotion

WHERE THE BROTHERS STAND

OUR PLAN

AGE 15 · U-17 · 75–80 KG

UTKARSH'S ROAD

1. **Oct 2026:** SGFI National School Games, Imphal. A medal makes him eligible for Shaktidoot (gold 60, silver 40, bronze 30 points).

AGE 19 · ELITE · +90 KG

MOKSHA'S ROAD

1. **Now:** apply for Shaktidoot. He is eligible today with his Khel Mahakumbh State gold.

2. **2026–27:** BFI Junior (U-17) Nationals through the Gujarat boxing association. Khelo India Youth Games trials.

3. **2027–29:** Youth (U-19) Nationals, then the national youth camp and Asian / World Youth Championships.

4. **Olympic target: Brisbane 2032**, at about age 21, in the men's 80 kg or 90 kg class. LA28 is closed to him because of the age rule (born 2009 or earlier).

5. Keep studying: Class 10 and 12 marks matter for sports-quota jobs and college.

2. **2026–27:** Gujarat State Elite Championship, then the BFI Elite Nationals (+90 kg).

3. **University route:** All India Inter-University and Khelo India University Games through Parul University.

4. **Olympics:** LA28 is age-eligible but very hard to reach (national No. 1 by 2027–28). **Brisbane 2032**, at about age 25, is a realistic main target.

5. **Back-up built in:** BPES degree, then the NIS coaching diploma. His powerlifting strength also suits a later pro heavyweight career.
- FOR EVERY BOXER
- # GOLDEN RULES
- School and boxing together. A degree protects a career.

• Register with the state association and BFI early. Trials need it.

• No crash weight-cutting. Grow into the right weight class.

• Film every fight. Coaches and selectors watch tape.

• Keep every certificate, result sheet and newspaper cutting.

• Have a yearly medical check, and an eye check after hard bouts.

• Count bouts and sparring. Rest after a stoppage (RSC) loss.

• Apply for every scheme you qualify for: Shaktidoot, Khelo India, PSUs.
- CHANDEL BROTHERS · BOXING ROADMAP

ROAD TO THE OLYMPICS

From the school ring to the world stage: every level, and the roads that open after it.

1 CLUB & COACH
Age 8–14. Basics, fitness, medical certificate, state and BFI registration.

2 DISTRICT
Safi district School Games · Khel Mahakumbh district · District championship

3 STATE CHAMPION
SGFI State · Khel Mahakumbh State · Gujarat State Championship. Unlocks Shaktidoot and SAG academies.
Utkarsh - 161kg **gold** **Moksha** - 161kg **gold**

4 NATIONAL MEDALLIST
Safi Nationals · BFI Sub-j / Junior / Youth / Elite Nationals · Khelo India · National Games. Unlocks the Khelo India scholarship and sports-quota jobs.
Utkarsh next: Imperial, Oct 2026

5 NATIONAL CAMP
SAI National Centres of Excellence · BFI national camps · TOPS Development group

6 INTERNATIONAL
Asian and World Youth Championships · Asian Championships · Commonwealth Games · Asian Games · TOPS core group

7 OLYMPIC QUALIFICATION
World Championships 2027 · Asian qualifier 2028 · World Qualifiers 2028. One boxer per country per weight.

8 OLYMPIAN
LA 2028 (born 1988–2009) · Brisbane 2032, 7 men's and 7 women's classes.

THE FORK: NATIONAL MEDALLIST

OLYMPIC

1 National camp, TOPS
2 Asian Games, CWG
3 Worlds, qualifiers
4 Olympics, Argona Award

PROFESSIONAL

1. IBC license, age 17–40
2. 4-round debut
3. Unbeaten record
4. WBC / WBO Asia belts
5. World title

CAREER

• Army, Navy, Air Force
• Railway, police, PSB
• Coach (NIS, BPES)
• Referee and judge
• S&C, academy, media

UTKARSH · 15

SGFI Nationals, then BFI Junior and Youth, then the youth camp. **Olympic target: Brisbane 2032**, men's 80 or 90 kg.

MOKSHA · 19

Shaktidoot now, then the Elite Nationals and university games. **LA28 window, Brisbane 2032**, men's +90 kg.

"HE WHO FEARS BEING CONQUERED IS SURE OF DEFEAT."

NAPOLEON BONAPARTE

thechanels.com/roadmap

YouTube @chandelbrothersboxing

SHARE THE ROADMAP

A one-page poster of this roadmap for WhatsApp, Instagram or printing.

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